



GROUP EXERCISE CLASS TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00am	EXERCISE PHYSIOLOGY	PHYSIOTHERAPY	EXERCISE PHYSIOLOGY	PHYSIOTHERAPY	EXERCISE PHYSIOLOGY
9.00am		EXERCISE PHYSIOLOGY		EXERCISE PHYSIOLOGY	
4.00pm	EXERCISE PHYSIOLOGY		EXERCISE PHYSIOLOGY		EXERCISE PHYSIOLOGY

NB. This schedule is subject to change. Please contact our clinic to confirm current class times.